

RR10 LEAGUE
RULES AND CONSTITUTION

1. The league shall be known as RR10 – (Road Runners 10) and hereinafter referred to as the league.
2. The object of the league is the promotion of competitive opportunities in running through enjoyment and fellowship between members. All participating clubs have duty of care obligations to all runners.
3. The management of the league is vested in a Committee consisting of a Chairman, Honorary Secretary, Honorary Treasurer, to be known as the main officers and at least 1 other members from each participating club. The committee will meet at least once per annum and a quorum shall consist of 5 Committee members including at least 2 main officers. The Committee shall have the power to co-opt other members of the club at any time and to fill any vacancy which may arise from time to time provided that at least 2/3rds of the Committee agree to the nomination.
4. The Annual General Meeting (AGM) shall be held in January each year for the presentation and (if accepted) the passing of accounts for the financial year ending on 31st December prior to the meeting, the election of officers and Committee and any other business communicated to the Secretary and included in the notice of meeting sent to members.
5. Extraordinary General Meetings (EGM) may be called at any time within 21 days of a request in writing to the secretary by the Committee or not less than 10 ordinary members, stating the purpose for which such meeting is required.
6. Membership of the league is closed and confined to amateur clubs as defined by the UK Athletics rules for competition. New potential Clubs seeking membership must apply in writing to the committee
7. An annual subscription for participating clubs will be determined at an AGM or EGM. Subscriptions will not be refundable.
8. Any club whose subscription is more than three months in arrears is not eligible to take part in the league.
9. Any internal dispute within the league shall be brought before the Committee. The decision of the Committee on these matters will be final and binding. Subscription fees will be proposed by the league treasurer and approved by the committee at the AGM. Subscriptions will be paid within 1 month of the first race.
10. The league consists of a series of at least 10 races to be hosted by participating clubs. Clubs will not compete and score in their own organised event.
11. League competition for individuals consists of scoring based on their best 6 results of the races entered.
12. Team scoring consists of 5 men per team and 3 women per team. Multiple teams per club are permitted with no maximum limit.
13. Minimum competing age for men – must be over 15 years of age, for women – must be over 15 years of age.
14. Race permits (and 3rd party liability insurance) must be in place for all events with the responsibility being with the hosting club.
15. Claims made against the insurance policy may require an excess. Any such excess will be met equally by all participating league clubs.
16. Hosting clubs are responsible for adequate medical cover at hosted event, using the league contracted provider.
17. The wearing of club colours is mandatory. Any runner not wearing club colours will be excluded from the results of that race.
18. Use of headphones or loudspeakers / playing of any music by runners will not be allowed. Any runners not following this rule will be excluded from the results.
19. Results processing requires every runner to have a parkrun id which must have been registered with the league prior to their first race. Runners must bring their parkrun barcode or QR code to each race for scanning. Failure to do so will mean exclusion from the results.
20. Results will be issued for all events which will show individual and team placings.
21. Amendments to this constitution may only be made at an AGM or EGM and by a 2/3rds majority of those present and entitled to vote. Any proposed amendment shall be submitted to the Secretary in writing at least 28 days before the meeting and detailed on the agenda of the meeting.
22. If upon the winding up of the league there remains after the settling of all outstanding debts any funds, these will be returned equally to all league clubs.

SIGNED (Name)

League Chairman

SIGNED (Name)

League Secretary